



Rugby Free

Primary School

★ Together we learn, together we shine! ★

Newsletter 21

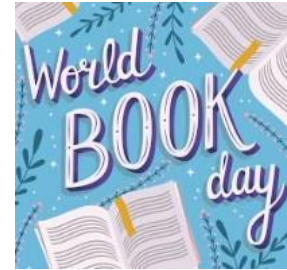
Friday 14th February
2025

World Book Day 6th March



World Book Day is Thursday 6th March 2025, we would love children to come to school dressed as their favourite character from a book.

As part of our mission to promote and engage children in reading, RFPS will be celebrating World Book Day on Thursday 6th March. As part of our celebration, we would like to invite the children to come into school dressed up as their favourite book character, alongside bringing their favourite book into school. We still continue to encourage home-made and low-cost costumes. Below are some fun, easy home-made costume ideas that you and your child could make together



The BFG: using paper plates. Burglar Bill: using a paper mask, Matilda: blue dress and red headband, Handa's surprise: carrying a fruit bowl, Mr Bump: blue t shirt and bandages, Good night Mr Tom: coat and a flat cap, Harry and his bucket full of dinosaurs: blue t shirt and carrying a bucket of dinosaurs

Snow White: blue headband and carrying an apple.

Please note that it is not compulsory for your child to dress up if they do not wish to. Throughout the day, the children will take part in a variety of book activities. We look forward to celebrating World Book Day on the Thursday 6th March.

Internet Safety Day



On Tuesday, the whole school celebrated Internet Safety Day. The theme this year was recognising and avoiding scams. There were different activities going on in every year group including live lessons on the



BBC, reading books around staying safe online and identifying how to keep our personal information safe. Our digital leaders also lead a session in their classrooms looking at an advert they had designed and supporting their classmates to identify ways in which they could see it was a scam.

Cross Country

On Monday, a group of Y5 and 6 children went and competed against a range of different schools in their first heat of a cross country competition! The weather was cold, wet and quite frankly miserable (!) but that did not stop any of them. I was truly blown away by their endeavour. Once the children have finished in their second heat, we will then know more about their results! Thank you to all the parents that got their children there and braved the cold for this event!



Year 6

What a busy week for Year 6! They have finished their unit on Looking After Our Environment in Science and were able to experience climate change through a Now Press Play experience. It was wonderful to see the children so engaged in the summary of their learning this half term.



Stars of the Week

Reception

Giraffes

Freddie

Zebras

Basma

Year One

Hedgehogs

Sruthi

Rabbits:

Liam

Year Two

Penguins:

Saiyan

Seals:

Xavier

Year Three

Crocodiles

Florence &

Nataniel

Turtles

Emily & Jamie

Year Four

Bears

Miray

Eagles

Prisha

Year Five

Pandas

Freddie

Tigers

Vivaan

Year Six

Sloths:

Haris

Toucans:

Indira & Emily

Head Teacher Awards

Jacob W Y5

- Kindness & Respect

Caelan Y4 -

Resilience & Endeavour

Sylvie-Bo

Y1- Resilience & Endeavour



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Year 1 Animal visit

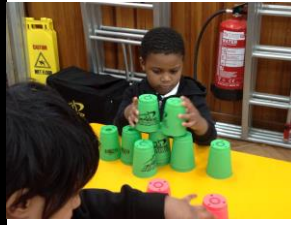
Look at who came to see Year 1 this week!

Dave the Animal Expert brought lots of animals in for us to see and touch. This was a fantastic end to our Science topic of Animals



Speed Stacking

You may remember a group of our wonderful children reaching the Warwickshire final in speed stacking a few weeks ago. Since then, there has been a huge 'buzz' about the school in regards to these cups and so the PTA have very kindly bought us our own sets to use! Sport stacking helps students use both sides of their bodies and brains promoting hand quickness and concentration. The sport can also challenge students to focus on hand-eye coordination and reaction time - important skills for almost any sport or physical activity. They are also a great way to help children re-focus and regulate. Thank you to the PTA for providing us with this equipment!



Y6 Inspire Workshop

Thank you to all our parents/carers who were able to join us for our SATs talk and Inspire workshop on Wednesday. It was great to have you all there and see the children and their families so engaged in the learning. It was a lovely morning for all! Please do not worry if you were unable to make it. We will be sending out the presentation to our Year 6 families and if you have any questions, please do not hesitate to contact us via the admin team or talk to us on the gate at pick up. Have a lovely half term.



Safe and Active Schools

Competition
TO NAME OUR FLEET CYCLES

For information click the QR code

WCC Road Safety Education Team are running a competition to name our new fleet cycles.

Closing date 31st March 2025.

Fleet cycles are available for children to use for access to bikeability cycle training.

For information click the QR code

Warwickshire County Council Road Safety Education Team are running a competition to name their new county fleet cycles. Fleet cycles are available for children to use to access Bikeability cycle training delivered by our cycle training providers. By providing fleet cycles they are aiming to remove barriers to children gaining the skills they need to become the safe cyclists of the future. By naming the cycles they hope to make them engaging for the users, and make it easy for children and their team to identify the different cycles.



- The competition is open to everyone.
- The closing date for entries is 31st March 2025.
- You can suggest a name for one of our cycles per entry.
- All names will be considered by the Road Safety Officers and cycle instructors.

They will share the new names for the 20 cycles once they have been chosen and let the winners know that they are using their name. They will provide a small, age appropriate prize for the winning names. Winners who are under 18 will be contacted via their school or college. Winners over 18 will be contacted via email.

This is the link to the entry form - <https://forms.office.com/e/PHUzdVsqPi>

Resilience Collaboration Curiosity Respect Kindness Endeavour



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Comic Relief 2025

Red Nose Day Design a Nose 20p per entry!

Create your own unique and fun Red Nose!

Please hand in your entry to your teacher by Wednesday 19th March ready for Pupil Parliament to judge.

Prizes will be handed out on Red Nose Day in assembly.

On Friday 21st March, raising money for Comic Relief having a non-uniform wear an item of red



we will be Relief by day. Please clothing if you

have it but any non-uniform will be absolutely fine. We ask for a voluntary donation of 50p per child. Pupil Parliament will also be running a 'design your own red nose' competition. Please hand entries back by Wednesday 19th March and prizes for the most creative will be given in Friday's assembly. This will be 20p per entry and needs to be handed into your teacher with your design.

You can collect entry sheets from your teacher.

Good luck! Pupil Parliament can't wait to see your amazing designs.

Special Educational Needs or Disabilities (SEND) questionnaire

Warwickshire County Council is running this anonymous questionnaire for parents/carers of children/ young people who have, or may have, Special Educational Needs or Disabilities (SEND) and whose school is participating in the Inclusion Framework for Schools trial in the Rugby Area. Please scan the QR code to complete the survey.

The survey deadline has been extended and will be closing on Monday 17th February.

Parental views <https://forms.office.com/e/HqBGL8PyQF>

Parental confidence in SEND provision Rugby November 2024



Friends of Rugby Free Primary School (PTA)



Friends of Rugby Free Primary School (PTA)

What a wonderful evening we had last night for the EYFS and KSI disco. We hope everyone had a fantastic time. We would like to thank everyone for supporting the event and helping us



PTA MYTHS
(THE FRIENDS OF)

PTA is only for stay at home parents!
False: All members are different, often juggling work, bills, home, kids, sports, homework's just like you!

I have to attend every meeting!
You don't have to come to every meeting, you can still offer valuable ideas or help in the background!

The PTA has all the help it needs!
Incorrect: The PTA is always looking for more people to help in any way they can. We would love much time you can spare and how you want to help.

I'll get roped into volunteering for something if I go to a meeting!
There are opportunities to get involved but no pressure. Just help where you can!



to fundraise for our school. With your support we have raised approximately £700 towards our fundraising efforts. A special thanks goes to Sweet Inflatables for the amazing glowing balloon arch and to our wonderful volunteers for giving up their personal time to plan, prepare and run the disco.

Upcoming events-

World book day sale - 6th March. - All children are invited to bring **50p** (cash) to purchase a book from our pre-loved book shop during the school day. If you have any very good condition books that you would like to donate please bring them to school Monday-Wednesday on the week commencing 24th February. We especially require books for ks2 year groups however any would be greatly appreciated.

School houses coin competition - 26th March - A fun competition for all children to be involved in. We invite all children to bring in as many 1p's and 2p's as they can to compete in making the longest trail of coins for their house, prizes will be up for grabs for the house that makes the longest trail, so please start collecting your copper coins ready for the day!

Wonka Inspired day- 11th April - The chance to buy a chocolate bar and possibly find a golden ticket!!! A free from option will be available too. Non-uniform, come as a wonka character/sweet/bright colours. More details coming soon.

As always follow us on Facebook/Instagram **Friendsrfps** to keep up to date with all upcoming events. Have a great week off everyone.



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Diary Dates (please check every week as they are subject to change!)

17th Feb – 21st Feb – Half term

26th & 27th Feb – Y4 Residential

27th Feb – Y1 Inspire Workshop – 9am-10am

5th Mar – Class photos

6th Mar – World Book Day – think about your dressing up ideas!

11th Mar – Reception Inspire Workshop – 9am-10am

13th Mar – Y3 Inspire Workshop – 9am-10am

19th Mar – Reception Vision screening (details to follow)

21st Mar – Comic Relief non-uniform (see above)

25th Mar – Y2 Inspire Workshop – 9am-10am

2nd Apr – Y5 Birmingham Museum trip

2nd Apr – Y4 Play performance for parents – 9.30am

3rd Apr – Y4 Play performance for parents – 2pm

4th Apr – Reception's Farm trip

10th Apr – Y3 Hunstanton trip

1st May – Y4 Inspire Workshop – 9am-10am

Preparation For STEM Week



Years 1 & 6 are in need of cardboard materials for STEM week.



Examples of what we are looking for are items such as egg, shoe, cereal and tissue boxes etc. Y4 are in need of plastic bags. Thank you!

Game On Holiday Camp

Game On are operating a Holiday Camp over February half term at RFPS. The dates are: Monday 17th February to Friday 21st February. To book your dates, please liaise with Mr Sheehan directly - his contact details are on the booking form which was sent out via MCAS on 16/01/2025.



Safeguarding

SAFEGUARDING
Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPS, you must tell Miss Buffers or, in her absence, one of her safeguarding team.

 Miss Finch Designated Safeguarding Lead	 Mrs Pollitt Deputy Designated Safeguarding Lead
 Mrs Colledge Deputy Designated Safeguarding Lead	 Mrs Screen Deputy Designated Safeguarding Lead
 Miss Buffers Deputy Designated Safeguarding Lead	 Miss Calcuff Deputy Designated Safeguarding Lead

Jennifer Beattie
Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone children's services on 01926 414144 or out of hours on 01926 886922.

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL.

Contact the **Warwickshire's Children and Families Front Door** on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am- 5.00pm.

If you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926 886922**.

If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

Inclusion Team

The Inclusion Team

 Miss Finch Inclusion Lead	 Miss Calcuff SENDCo
 Miss Lydiatt Assistant SENDCo	 Mrs Pollitt Children and Family Support Worker

The inclusion team work across the school to support all of our children and families with a variety of things.

If you need any support from school, or want to know more about what we do, please just send an email FAO our inclusion team and we will reach out to contact you.



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Mental Health in Schools Team
Tips For Wellness



Gratitude

Gratitude is the act of looking for things that make us feel happy and being thankful for them. For example, saying "thank you" to someone who did an act of kindness such as holding a door open for you, or telling your friend that you're happy they make you laugh and tell you funny jokes.

We can also be thankful to ourselves. We all have different skills and talents which bring us joy. What is yours? It might be skateboarding, cooking, sport or dancing. Whatever your skill or talent is, be thankful for it!

"Joy is the simplest form of gratitude." – Karl Barth

Our tips for showing gratitude:

Notice the good in your life - practise gratitude

Look around, can you see something that makes you feel happy? For example, your best friend's smiling face. **Listen**, can you hear something that makes you feel happy? For example, music that makes you want to dance.

Being thankful for the good things in your life can improve your wellbeing and reduce feelings of frustration. It gives you the chance to reflect on the good things you have accomplished and have a more positive mindset.

Each day this week, try and notice three people/places/things that you are thankful for. Write these down on your phone or a notepad to be able to look back on and appreciate the positive aspects of your week.

Express gratitude

Show your appreciation to someone who did something nice. Say: "It was really kind of you to...", "It really helped me out when you..."

Tell the people in your life how you feel and what they mean to you. This can be as simple as "Mum, good dinner. Thanks!"

Scan the QR code for lots of other ideas around gratitude activities:



In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

RUGBY
Art Gallery
& Museum

February Half -Term Fun

Create • Learn • Enjoy • Discover

at our holiday printing workshops and find the arty animals in our FREE half-term hunt!

15th - 22nd February



Find out more at www.ragm.co.uk

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