



Rugby Free

Primary School

Newsletter 19
Friday 31st January
2025

Creativity in Year 6

Year 6 have started creating their own sculptures inspired by the artist, Michelle Reader. They have used plastic bottles and other recycled materials to create a structure of a sea creature (fish, turtles, jellyfish etc) before using papier mâché to cover them. They have been fantastic sculptors and we can't wait to see the finished painted products over the coming weeks. Well done Year 6!



Speed Stacking

We were so proud of our Speed Stacking team this week, when they participated in the FINALS of the Speed Stacking competition, representing East Warwickshire. Our children showed great team spirit, and when asked to come up with a pledge for the competition they suggested, "We will show our school values of collaboration, endeavour, respect and kindness." They really achieved this, despite some tough competition and, to top it all off, they had a whole lot of fun too! They even awarded each other values stickers, giving reasons for how each team member had showed this value. Well done Speed Stackers!



Stars of the Week

Reception

Giraffes:
Freya B & Dominic
Zebbras:
Freya R

Year One

Hedgehogs:
Olivia
Rabbits:
Ruby

Year Two

Penguins:
Nathan
Seals:
Ameya

Year Three

Crocodiles:
Evie
Turtles:
Oliwier

Year Four

Bears:
Zach
Eagles:
Phoebe

Year Five

Pandas:
Amelia
Tigers:
Avi

Year Six

Sloths:
Khadeejah
Toucans:
Ellena

Headteacher Awards

Zoe Y6 – Endeavour & Resilience
Gabriel Y5 Endeavour & Resilience
Darshan Y3 – Endeavour & Resilience
Scarlett Y2 – Kindness & Collaboration

Y2 playground leaders

This week, Y2 became playground leaders! From now on, the children will be organising and running games for our youngest



children, as well as 'checking-in' on others and offering to join in their games too. It has already proven to be a huge success. Thank you to all of our lovely Y2 children for planning such wonderful opportunities for breaktime!

Rugby Youth for Christ

Year 4 had a visit this week from Chris from Rugby Youth for Christ who delivered a fantastic lesson on our choices in religion and why some people choose to believe in God and others don't. He got everyone thinking and asking some brilliant insightful questions.



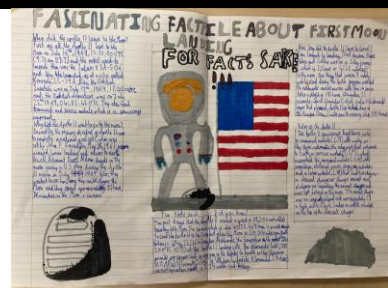
Y5 & Y6 Football Tournament

On Tuesday, a group of Y5 and Y6 went to compete in the Trust's very first football tournament. We played against Alderman's Green and Courthouse Green over a series of matches and wow, the children really showed off their skills! The boys came 2nd and the girls came 1st in their tournaments, a real achievement! More importantly, the children demonstrated excellent teamwork through out the event. Well done!



Year 5 Homework

Wow, we have been impressed with the endeavour and curiosity demonstrated in the homework that was produced this week. A huge shout out to



Gabriel and Esme who have produced amazing work showcasing all we have learnt this year! A big thank you to all of the children who complete their homework every week! We do notice and know the effort that you put into this.



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Maths in Year 3

To start their new Maths topic of length and perimeter, Year 3 practically measured different items around the classroom using



centimetres and metres. They had to select the equipment that would be the most appropriate to measure with. We were impressed with their knowledge and teamwork skills.



Teaching and Learning Assistant Vacancy

We have a vacancy for at least one more Teaching and Learning Assistant at RFPS. If any parents/carers are interested in this position or know of any body that might be, please do look at the advert. The hours can be flexible for the right candidate. We are looking for someone who is kind, compassionate and believes that all pupils deserve the very best education possible. The job is advertised here: <https://mynewterm.com/jobs/141936/EDV-2024-RFPS-55418>

If you would like an informal chat about the role, please do contact the school office and we can arrange that for you! Please do apply ASAP as we will shortlist as we receive applications.

Achievements

Tessa D won a poem competition in the autumn and her poem called "A Sloth's World" has been published in the Wonderverse Young Writers book in January 2025. The poem is inspired by her love for these fascinating animals and her passion towards saving their habitat and learning from their approach to life. The ending says:

*"In a fast-moving world
Our slow-paced life is Olympic Gold
Learn from us to take time to rest,
And protect the forests as they are the best"*



Jamie in Year 3 has achieved his first rosette at horse riding. He has learnt to walk and trot and holds the reins correctly, as well as how to look after and respect the horses and ponies at the stables. He has been brilliant and working hard on building his confidence.

Safe and Active Schools

Cycling is a healthy, low-impact exercise that can be enjoyed by people of all ages, from young children to older adults. It is also fun, cheap, and good for the environment. Riding to work or the shops is one of the most time efficient ways to combine regular exercise with your everyday routine!

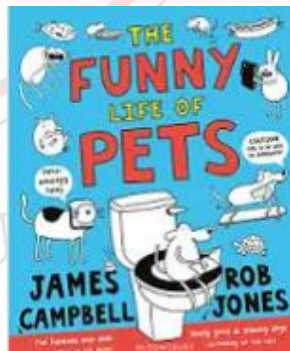


But remember to stay safe by following our top 5 tips:

- Plan and prepare route beforehand.
- Ensure your bike is in a safe and good condition
- Wear a correctly fitted helmet that conforms to current regulations, and appropriate footwear and clothing.
- Stay alert and ride decisively, keeping clear of the kerb.
- Always use lights after dark or when visibility is poor.

James Campbell – book orders

Reminder: Orders will close for the James Campbell signed books this Sunday (2nd February). If you would like to order a signed book, please order before Sunday. Orders should be placed and paid for via the Products section on MCAS. Thank you.



Would you like your own Blue Peter Badge?

Next week children will be able to submit applications for a Quentin Blake Blue Peter Badge.

You will need to:

Ask your parent or guardian to help you fill out your form and personal details.

Tell us about a book you have read and what you think about it. Maybe you liked the characters, or perhaps you enjoyed going on exciting adventures in faraway places.

- Provide an illustration of a character or a scene from the story. This could be a drawing, painting or even digital artwork (printed onto the page).
- Let us know what other books and authors you have enjoyed reading and why.

The application forms and tasks will be available from your teachers. Deadline for applications is **Thursday 13th February.**





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Friends of Rugby Free Primary School (PTA)



Reception & KSI Friendship Disco - Deadline to purchase tickets is Friday 7th February

Thursday 13th February. Reception 4:45-5:45, Years 1&2 6-7pm. Parents/carers are required to stay, and we will have a tuck shop, tattoos, glow sticks and hot drinks for adults too so please bring cash or card on the night. (tattoos will be cash only). Items will be 50p, Glow sticks will be 5 for £1 and hot drinks will

be £1 too. Tickets are £2.50 per child. Please pay £2.50 by bank transfer, ensuring you use your child's name & surname initial, followed by R, y1, y2 (for their year) as reference. E.g- Daphne T y2. Payable to - Friends of Rugby Free Primary School. Lloyds - acc 40818363. s/c 309950. The deadline for tickets is Friday 7th February to allow volunteers to finalise numbers for catering and safety purposes. We can't wait to see you on the dance floor.

Year 6 Leavers hoodies- information has been sent via MCAS this week, please see this message for more information and purchase details.

OUR NEXT MEETING - We will be meeting tonight, Friday 31st January, 7:30pm @ Brewers Fayre. We look forward to seeing you there to discuss upcoming events and ideas for new fundraisers too.

Please remember to follow us on Facebook or Instagram searching **Friendsrfps** to keep up to date with our upcoming events. If you would like to be a part of the Friends of RFPS we would love to hear from you. It does not matter how much or little time you can offer any help would be greatly appreciated, please get in touch.

Have a lovely weekend.

Diary Dates (please check every week as they are subject to change!)

4th & 6th Feb – Parents evenings – booking via MCAS app only

7th Feb – NSPCC Number Day – non-uniform (see last week's newsletter for details)

11th Feb – Y1 Exotic Animals visit in school

12th Feb – Y6 Inspire Workshop & SATS Information session – 8.40am-10.15am in school hall

13th Feb – Y5 Inspire Workshop – 9am-10am

13th Feb – FRFPS Rec & KSI Friendship Disco (see above)

17th Feb – 21st Feb – Half term

26th & 27th Feb – Y4 Residential

27th Feb – Y1 Inspire Workshop – 9am-10am

11th Mar – Reception Inspire Workshop – 9am-10am

13th Mar – Y3 Inspire Workshop – 9am-10am

19th Mar – Reception Vision screening (details to follow)

25th Mar – Y2 Inspire Workshop – 9am-10am

2nd Apr – Y5 Birmingham Museum trip

2nd Apr – Y4 Play performance for parents – 9.30am

3rd Apr – Y4 Play performance for parents – 2pm

4th Apr – Reception's Farm trip

10th Apr – Y3 Hunstanton trip

1st May – Y4 Inspire Workshop – 9am-10am

PTA MYTHS (THE FRIENDS OF)

- PTA is only for stay at home parents!**
False- All members are different, often juggling work, bills, home, kids, sports, homework just like you.
- If I join the 'Friends of' I have to help at all events!**
Not at all, we only ask for you to try and help as much as you can. We know everyone is busy.
- I have to attend every meeting!**
You don't have to come to every meeting, you can still offer valuable ideas or help in the background.
- I'll get roped in to volunteering for something if I go to a meeting!**
There are opportunities to get involved but no pressure. Just help where you can.
- The PTA has all the help it needs!**
Incorrect - the PTA is always looking for more people to help in any way they can. You decide how much time you can spare and how you want to help.

Contacting your child's teacher

We absolutely love hearing from you all and communicating with you about your child. A polite reminder that staff will get back to you within 48 hours for both email and telephone correspondence. **All correspondence should be via the school office (if needs be please mark your email 'FAO: XXX Private & Confidential')** and not direct to the teacher's email address. If you need to speak to somebody sooner than the 48hrs, please make us aware that your enquiry is urgent and a member of our Safeguarding team will contact you.



Game On Holiday Camp

Game On are operating a Holiday Camp over February half term at RFPS. The dates are: Monday 17th February to Friday 21st February. To book your dates, please liaise with Mr Sheehan directly - his contact details are on the booking form which was sent out via MCAS on 16/01/2025.





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Safeguarding

SAFEGUARDING
Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPs, you must tell Miss Butters or, in her absence, one of her safeguarding team.

 Miss Finch Designated Safeguarding Lead	 Mrs Pollitt Deputy Designated Safeguarding Lead
 Mrs Colledge Deputy Designated Safeguarding Lead	 Mrs Screen Deputy Designated Safeguarding Lead
 Miss Butters Deputy Designated Safeguarding Lead	 Miss Calcuff Deputy Designated Safeguarding Lead

Jennifer Beattie
Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone children's services on 01926 414144 or out of hours on 01926 886922.

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL.

Contact the **Warwickshire's Children and Families Front Door** on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am-5.00pm.

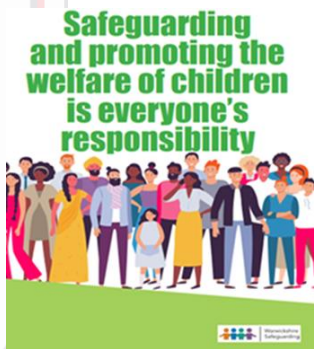
If you need to get in touch out of usual office hours,

please contact the Emergency Duty Team immediately on **01926 886922**.

If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

What will happen if I report child abuse?

Childcare agencies believe that children are best cared for by their parents. Children are rarely removed from their parents and most families are given help and support. Social Workers can only remove children from home with a court order and only after they have demonstrated that the child is at serious risk. If you would like to speak to someone in school about your concerns the above members of staff are Designated Safeguarding Leads and will be happy to listen to your concerns and take the appropriate steps to safeguard a child.



Inclusion Team

The Inclusion Team

 Miss Finch Inclusion Lead	 Miss Calcuff SENDCo
 Miss Lydiatt Assistant SENDCo	 Mrs Pollitt Children and Family Support Worker

The inclusion team work across the school to support all of our children and families with a variety of things.

If you need any support from school, or want to know more about what we do, please just send an email FAO our inclusion team and we will reach out to contact you.

Connect for Health: Health and Wellbeing Newsletter



https://www.compass-uk.org/wp-content/uploads/2025/01/C4H-Parent-and-Schools-Newsletter.-January-2025_compressed.pdf



Mental Health in Schools Team Tips For Wellness



Mood Boosters

Our mood can change, and this is completely normal. You may notice that sometimes you are feeling more tired than usual, maybe stressed or experiencing difficulties with schoolwork or friendships. Situations like these may cause you to feel a bit low, it can be really helpful to talk about these things with an adult, or someone you trust.

Whilst it is normal to feel this way at times, there are things we can do to **boost** our mood and help us to feel happier. By doing more of the things we love and value, or 'doing more of what matters', we can boost our mood. This helps us to feel less tired, have an increased sense of achievement, feel better about ourselves and have some fun!

Our tips for boosting your mood:

1. Have a look at the **BBC Moodboosters** video resources by scanning the QR code. There are a selection of videos to try, you could do these with a friend/ family member, with your class, or by yourself. But most importantly, have fun!
2. The **five ways to wellbeing** - can you challenge yourself to try one of these for each day over the next week! Watch the video on the QR code for more information.
 - o **Connect** - Reach out to a friend/family member, listen to music that reminds you of happy memories, look at old photographs, or arrange activities with friends.
 - o **Be Active** - Try different ways to get your body moving. You could dance, walk, skip, or hula hoop!
 - o **Take Notice** - Spend time outside appreciating nature, maybe on your way to school or practise mindfulness
 - o **Keep Learning** - Read a new book, watch a documentary, follow a new recipe, or learn a new language.
 - o **Give** - Give someone you love a hug, hold the door open for the person behind you, or give your time to help others.



In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



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Coffee and Craft Morning



Our next craft session will be Tote Bag decorating. Fancy giving it a try? Then come along and give it a go. No experience needed!



Wednesday the 5th February 2025

10am – 12pm

Brownsover Community Centre, Bow Fell, CV21 1JF

FREE - All materials and refreshments supplied!

Contact Michelle Gravatt Phone: 07775220821

Email: michellegravatt@warwickshire.gov.uk

Coffee Morning and Advice Drop In



Come along for advice, support, or information.

What's on

29th January-Safer Streets

5th Feb -Coventry and Warwickshire Mind-Time to Talk

12th Feb -Better Days-Orbit

Brownsover Community Centre, Bow Fell, CV21 1JF.

Every Wednesday 10am – 12pm

Contact Michelle Gravatt Phone: 07775220821

Email: michellegravatt@warwickshire.gov.uk

GRIFFINS GIRLS FOOTBALL

Is your budding footballer a future lioness? Introducing our brand new female football sessions! Weekly sessions engaging in all kinds of football fun whilst developing into the pathway of grassroots football teams.

AGE 4-6 YEARS

- ✓ LEAD BY UEFA C LICENSED COACH STU BISHOP
 - ✓ SATURDAY AFTERNOON SESSIONS
 - ✓ LEARN NEW SKILLS & TEAMWORK
 - ✓ PATHWAY TO TEAMS VIA THE CLUB AT U7*
 - ✓ MEMBERSHIP INCLUDES TRAINING KIT
 - ✓ SESSION ACHIEVEMENTS - MEDALS, TROPHIES ETC
- * SUBJECT TO VOLUNTEER COACH RECRUITMENT



RUGBY BOROUGH FOOTBALL CLUB, KILSBY LANE, RUGBY, CV21 4PN



PLEASE USE THE QR CODE TO SIGN UP
RBINTHECOMMUNITY@OUTLOOK.COM



Thursday 20 February 19:30 & Friday 21 February 17:00

BOOK NOW FOR HALF TERM

"Perfect for dinosaur fans of all ages."
West End Best Friend

This "funny, head-spinning Jurassic Park parody" (The Times) is a must-see "chaotic masterpiece" (Stage to Page). HOLD ON TO YOUR BUTTS showcases Foley sound and physical theatre and is "imaginative, slick silliness on an epic scale" (London Theatre 1)

Don't walk, RUN to get your tickets!

Age guidance 8+



Find out more and book now at
www.macreadytheatre.co.uk

Lawrence Sheriff Street, Rugby, CV22 5EJ

