



# Rugby Free

Primary School

Newsletter 3

Friday 20<sup>th</sup> September

2024

## Dress in Yellow Day for Air Ambulance

Today our amazing RFPS children helped us raise money for the Air Ambulance by coming into school dressed in Yellow. They looked spectacular and it's like they brought sunshine into the school. Thank you for all of your contributions we will share the total from the air ambulance once it has been counted.



## Stars of the Week

### Reception

#### Giraffes:

Max & Aaliyah

#### Zebras:

Mariah & Ayva

### Year One

#### Hedgehogs:

Victoria

#### Rabbits:

Enzi

### Year Two

#### Seals:

Morgan

#### Penguins:

Rayelle

## Year 6 Christmas Cards

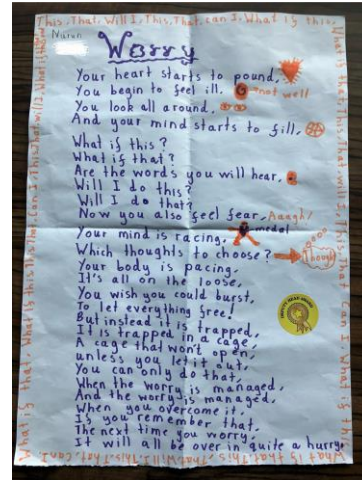


Year 6 have been working hard to create their Christmas card designs. They have created a wash using paint. Blending with care to develop a Christmas night setting. They

have used pastels effectively to develop their scene. Here is a sneak peak of what our parents and carers have to look forward to this weekend!

## Poetry from Nurun in Year 5

We are so proud of Nurun in Year 5 for writing this beautiful abstract poem about feeling worried! Well done Nurun for showcasing your amazing skills as a poet and completing this in your own time, just for fun.



## Contacting your child's teacher

We absolutely love hearing from you all and communicating with you about your child. A polite reminder that staff will get back to you within 48 hours for both email and telephone correspondence. If you need to speak to somebody sooner than that, please make us aware that your enquiry is urgent and a member of our safeguarding team will contact you.



## Ride your Scooter to School

Did you know your child can scoot to school? We love seeing children travelling actively, it gives the children exercise and reduces the number of cars parked near the school. Please use the shelter outside our main gate to store the scooters safely.



### Year Three

#### Crocodiles:

Charlie

#### Turtles:

Dhyana

### Year Four

#### Bears:

Wilf

#### Eagles:

Leah

### Year Five

#### Pandas:

Evelyn

#### Tigers:

Nurun

### Year Six

#### Sloths:

Jaiden

#### Toucans:

Harmeet &

Noah



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## Technology Safety

We recognise that technology is an important part of society today and that it is an individual parental decision as to how and when you introduce technology to your children. We are aware that many of our children have their own devices and that many also have access to social media apps including 'WhatsApp'. The official minimum age for this app is 13 years of age and whilst we understand that you may have made the decision for your own child to have access, we want to share with you the reasons behind the age limit and support you in helping your child stay safe online should you allow them access. Below is some safety information for parents that we hope you will find useful.

<https://www.internetmatters.org/resources/whatsapp-safety-a-how-to-guide-for-parents/#whatsapp-safety-tips>



## Friends of Rugby Free Primary School (PTA)

### CHRISTMAS CARD ARTWORK

You should have now received your child's Christmas card art work. If you wish to place an order, please complete the form following the instructions. When ordering please check the year for your child. Once ordered please return your form to school ready to be collected. The deadline for this is Friday 27<sup>th</sup> September. Due to their residential Year 6 have until the 30<sup>th</sup>. If your artwork is not returned to school ready to be collected your order will not be able to be completed by the company. All orders placed will provide some fundraising for our school. Thank you for your support.



**CAKE DONATIONS** - If possible, please could you donate some cakes to support our Macmillan Coffee morning. Please bring any cake donations to school on the morning of the 27<sup>th</sup> of September. If homemade, please provide a full ingredient list and please no cakes containing nuts. Thank you. All donations will go to the Macmillan charity.

### **DATES FOR YOUR DIARY**

**BAG2SCHOOL - Friday 27th September - Drop off to the main playground by 9am** (Please do not bring items before this date as we cannot store them). The more bags we have to be weighed, the more money will be given to us to provide more learning opportunities for our school community.

**MACMILLAN COFFEE MORNING - Friday 27th September. 9-10am in the School hall.** Please enter via the hall entrance. We invite all parents, carers, friends and family to join us for a hot drink and cake or two. A small social event and any donations for drinks/cakes will go to Macmillan. We will also have the pre-loved uniform available which costs between 50p-£5 we will be able to accept card payments should you wish. These payments will go towards our fundraising account. <https://www.justgiving.com/CM24023462>

**SPOOKY DISCO - Years 3, 4, 5 & 6 only!! Wed 23<sup>rd</sup> Oct 6-7:15pm** (Reception, Year 1 & 2 will have theirs in the new year) Tickets will be £2.50 per child, details on how to purchase tickets will be sent home soon. Each child will receive a couple of glow sticks on arrival. There will be a tuck shop, tattoos and glow sticks for a small charge on the night - CASH only. A maximum of £3 should be sufficient. Children will need to be dropped off in the main playground where they will be registered by pre-paid names. Children are welcome to wear fancy dress should they wish and there will be a quieter area should children wish to use it. Children will be collected from the main playground at the end of the evening.

**Our next meeting is - Monday 30th September, 7:30pm @ Brewers Fayre in the conservatory. Please come along, we look forward to seeing you there.**

Follow us on Instagram or Facebook by searching *friendsrfps* or see our notice board, located just inside the main playground gate on the pathway into school. Have a lovely weekend.



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**Diary Dates** (please check every week as they are subject to change!)

**23<sup>rd</sup> Sept – 27<sup>th</sup> Sept** – Y6 Residential – Willersley Castle

**25<sup>th</sup> Sept** – Rec Early Reading meeting for parents – 5.15pm-6.15pm

**26<sup>th</sup> Sept** – International Languages Day

**27<sup>th</sup> Sept** – Macmillan Coffee Morning

**27<sup>th</sup> Sept** – Bags2School

**30<sup>th</sup> Sept** – Friends of RFPS meeting at Brewers Fayre – 7.30pm (see above)

**14<sup>th</sup> Oct** - School photos – individual & sibling

**21<sup>st</sup> Oct** – Y4 Coombe Abbey trip

**22<sup>nd</sup> Oct** – Y1 St John's Museum trip

**22<sup>nd</sup> and 24<sup>th</sup> Oct** – Parents evenings

**23<sup>rd</sup> Oct** – Friends of RFPS KS2 Spooky Disco 6pm-7.15pm (see above)

**28<sup>th</sup> Oct – 1<sup>st</sup> Nov – Half term**

**8<sup>th</sup> November – Staff training Day (school closed for children)**

**7<sup>th</sup> Nov** – Flu vaccination

**14<sup>th</sup> Nov** – Y5 London trip

**15<sup>th</sup> Jan** – Y5 & Y6 Young Voices

## Game On Holiday Camp

A reminder that Game On are operating a holiday club for October Half term at RFPS from Monday 28<sup>th</sup> October to Friday 1<sup>st</sup> November. To book your dates, please liaise with Mr Sheehan directly - his contact details are on the booking form which was sent out via MCAS this week.



## Ad Hoc Club Bookings

If you require any ad hoc club bookings can you please email your request to the office - admin@rugbyfreeprimary.co.uk and we will add these on to MCAS for you, this includes bookings for breakfast club and care club. Thank you



## Coats for break time and Lunch time

With the changeable weather we are having at the moment, can you please make sure that your child comes to school with a coat to wear at break time and lunchtime.



## Safeguarding

**SAFEGUARDING**  
Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPS, you must tell Miss Butters or, in her absence, one of her safeguarding team.

 Miss Butters Designated Senior Leader	 Mrs Vural Designated Senior Leader
 Mrs Colledge Designated Senior Leader	 Mrs Screen Designated Senior Leader
 Miss Finch Designated Senior Leader	 Miss Calcott Designated Senior Leader

Jennifer Beville  
Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone children's services on 01926 414144 or out of hours on 01926 886922.

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL.

Contact the **Warwickshire's Children and Families Front Door** on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am-5.00pm.

If you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926 886922**.

If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

**Safeguarding and promoting the welfare of children is everyone's responsibility**



## What will happen if I report child abuse?

Childcare agencies believe that children are best cared for by their parents. Children are rarely removed from their parents and most families are given help and support. Social Workers can only remove children from home with a court order and only after they have demonstrated that the child is at serious risk. If you would like to speak to someone in school about your concerns the above members of staff are Designated Safeguarding Leads and will be happy to listen to your concerns and take the appropriate steps to safeguard a child.



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## Monthly Newsletter

September 2024 Edition

Designed for parents, carers and schools in Warwickshire.  
Created by [Connect for Health](#) your School Nursing Service.

### Let's talk about...

- Connect for Health, your School Nursing Service
- How to access C4H for support
- The Warwickshire RSE Network for educators and professionals
- Top tips for before and after school routines
- National Fitness Day, 18th September
- National Eye Health Week, 23rd-29th September
- #AskAboutAsthma Campaign, 9th-15th September
- Resources of the Month Feature

### Introduction

Welcome back for a new academic year, and a big hello to those who are new to education in Warwickshire.

This newsletter is created by Connect for Health, your School Nursing Service in Warwickshire.

We create and distribute a newsletter each month to provide health and wellbeing information, advice and support to the families and schools across the county.

You'll read more about our service in this edition, if you feel you might need some additional support for any of your child's health and wellbeing needs, please contact us and we'll let you know how we can help.

### Subscribe to Our Newsletter!

Subscribe and get our monthly newsletter sent straight to your inbox.

[Click here to subscribe](#)



## Introduction to Connect for Health

Your School Nursing Service in Warwickshire

### WHO WE ARE

Connect for Health is a school nurse-led service that supports children, young people and their families in Warwickshire. We deliver key elements of the Health4Child programme, working to identify and meet the health and wellbeing needs of the school-age population and to give individuals the best possible start in life.



### HEALTH SUPPORT FOR FAMILIES

Our service is here for all school-aged children (aged 5 to 19, or up to 25 for individuals with SEND) and their parent/carers - regardless of whether they access education through a school setting.

Support can be provided in a way that suits you, including, individually, face-to-face or over the phone, in group workshops or via our confidential messaging services.

### WHAT WE CAN SUPPORT WITH

- Healthy eating
- Dental health
- Friendships and relationships
- Body image
- Bullying
- School anxiety
- Fussy eating
- Sleep
- Contenance
- Mental health
- Sexual health
- Long-term medical conditions
- Gender and sexuality
- Parenting
- Behaviour
- Referral to additional services

### CONTACT OUR SERVICE

Call us: 03300 245 204

Email: [connectforhealth@compass-uk.org](mailto:connectforhealth@compass-uk.org)

Visit our website: [www.compass-uk.org/service/c4h/](http://www.compass-uk.org/service/c4h/)



[@schoolhealthC4H](#)

[@compassc4h](#)

[c4hwarwickshire](#)

# FREE SCHOOL MEALS



School meals are free for lots of families, check if you are eligible to apply!

## So much more than lunch...

A free school meal:

- creates healthy eating habits
- improves learning and behaviour
- saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?



To find out more and for help to apply for free school meals, please contact: [freemeals@warwickshire.gov.uk](mailto:freemeals@warwickshire.gov.uk) or call 01926 359189



## Can I apply?

Your child could be eligible for free school meals if you get any of the following:

- Income Support or Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support from National Asylum Support Service (NASS)
- Guarantee Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You should still apply if your child is aged 4-7 and receives a universal free school meal

Find out more and apply at [www.warwickshire.gov.uk/fsm](http://www.warwickshire.gov.uk/fsm)

